

# Learning Focus

## Learning Behaviour



### React Positively to Challenge

This unit focuses on developing every child's ability to see new challenges as opportunities to learn and develop.

## Fundamental Movement Skills

### Unit 1A

#### Coordination

Ball Skills

#### Agility

Reaction / Response

In this unit, the children will develop and apply their ball skills and reaction and response through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Invasion

### Unit 1B

#### Agility

Reaction / Response

#### Coordination

Ball Skills

In this unit, the children will develop and apply their ball skills and reaction and response through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Net & Wall



## Provide Helpful Feedback

This unit focuses on developing every child's ability to give helpful feedback to help others improve.

### Unit 2A

**Dynamic Balance**

Dynamic Balance

**Counter Balance**

Counter Balance

In this unit, the children will develop and apply their dynamic balance on a line and counter balance with a partner through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

OAA

### Unit 2B

**Dynamic Balance**

Dynamic Balance

**Counter Balance**

Counter Balance

In this unit, the children will develop and apply their dynamic balance on a line and counter balance with a partner through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Invasion / OAA



## Judge Performance

This unit focuses on developing every child's ability to understand ways to judge performance.

### Unit 3A

**Static Balance**

Stance

**Coordination**

Footwork

In this unit, the children will develop and apply their stance and footwork through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

OAA / Athletics

### Unit 3B

**Coordination**

Footwork

**Static Balance**

Stance

In this unit, the children will develop and apply their stance and footwork through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Invasion



## Express Ideas

This unit focuses on developing every child's ability to link actions and create sequences that express their ideas.

### Unit 4A

**Static Balance**

Seated Balance

**Static Balance**

Floor Work

In this unit, the children will develop and apply their seated balance and floor work balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Invasion

### Unit 4B

**Static Balance**

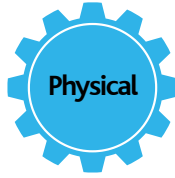
Floor Work

**Static Balance**

Seated Balance

In this unit, the children will develop and apply their seated balance and floor work balance through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Net & Wall



## Combining Skills in Specific Contexts

This unit focuses on developing every child's ability to use combinations of skills in specific contexts.

### Unit 5A

**Dynamic Balance to Agility**

Jumping and Landing

**Static Balance**

One Leg Balance

In this unit, the children will develop and apply their jumping and landing and one leg balance through focused skill development sessions, modified/non-traditional athletics and games and healthy competition.

Athletics

### Unit 5B

**Static Balance**

One Leg Balance

**Dynamic Balance to Agility**

Jumping and Landing

In this unit, the children will develop and apply their jumping and landing and one leg balance through focused skill development sessions, modified/non-traditional gymnastics and games and healthy competition.

Gymnastics



## Describe Basic Fitness Components

This unit focuses on developing every child's ability to understand and describe the basic fitness components.

### Unit 6A

#### Coordination

Sending and Receiving

#### Agility

Ball Chasing

In this unit, the children will develop and apply their sending and receiving and ball chasing through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Striking & Fielding

### Unit 6B

#### Agility

Ball Chasing

#### Coordination

Sending and Receiving

In this unit, the children will develop and apply their sending and receiving and ball chasing through focused skill development sessions, modified/non-traditional games and sports and healthy competition.

Target / OAA