

Learning Focus

Learning Behaviour



Stay on Task

This unit focuses on developing every child's ability to focus and stay on task.

Fundamental Movement Skills

Unit 1A

Coordination

Footwork

Bike

Pirate

Static Balance

One Leg Balance

In this unit, the children will develop and apply their footwork and one leg balance through focused thematic stories, songs and games.

Bike/Pirates

Unit 1B

Agility

Reaction /
Response

The Big City

Animals

Static Balance

Floor Work

In this unit, the children will develop and apply their reaction and response skills and floor work balance through focused thematic adventures, challenges and games.

Big City/Animals



Understand Others

This unit focuses on developing every child's ability to take turns and encourage others.

Unit 2A

**Dynamic Balance
to Agility**

Jumping and
Landing

Static Balance

Seated Balance

Space

Jungle

In this unit, the children will develop and apply their jumping and landing and seated balance through focused skill development sessions, thematic stories and games.

Space/Jungle

Unit 2B

Environment

Fundamental Movement Skills

In this unit, the children will develop and apply their fundamental movement skills through focused environmentally thematic warm-ups, skill challenges and games.

Environment



Observe and Describe

This unit focuses on developing every child's ability to name some things they are good at.



Explore and Describe

This unit focuses on developing every child's ability to explore and describe different movements.

Unit 3A

Dynamic Balance

Dynamic Balance

Static Balance

Stance

Train

Tightrope

In this unit, the children will develop and apply their dynamic balance on a line and stance through focused skill development sessions, thematic stories and games.

Trains/Tightrope

Unit 4A

Coordination

Ball Skills

Counter Balance

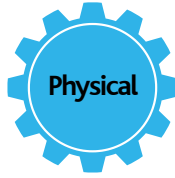
Counter Balance

Clown

Seaside

In this unit, the children will develop and apply their ball skills and counter balance with a partner through focused skill development sessions, thematic stories and games.

Clown/Seaside



Control Movement

This unit focuses on developing every child's ability to perform a range of skills with control and consistency.



Exercise and the Body

This unit focuses on developing every child's ability to express how their body feels before, during and after exercise.

Unit 5A

Coordination

Sending and
Receiving

Agility

Reaction /
Response

Juggler

Fairytale

In this unit, the children will develop and apply their sending and receiving and reaction and response through focused skill development sessions, thematic stories and games.

Juggler/Fairytale

Unit 6A

Agility

Ball Chasing

Static Balance

Floor Work

Squirrel

Cat

In this unit, the children will develop and apply their ball chasing and floor work balance through focused skill development sessions, thematic stories and games.

Squirrel/Cat