

What I already know

Year 3 What is the difference between surviving and being healthy? What I will learn

Fish

- Have scales
- Breath underwater
- Lay eggs

Amphibians

- Moist skin
- Live on land and in water
- Lay eggs

Reptiles

- Have scales
- Breathe air
- Lay eggs

Birds

- Have feathers, wings and beaks
- Lay eggs

Mammals

- Have hair
- Give birth to live young
- Make milk

Living things:

Need food, water and air to stay alive



Can sense their surroundings



Can grow, reproduce and die

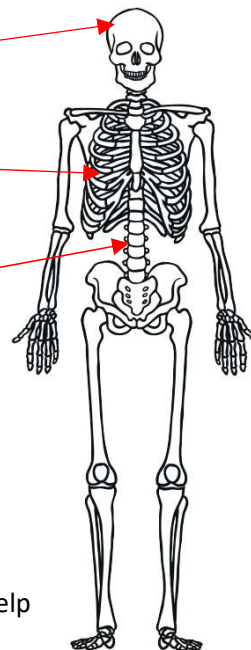


A human skeleton is made of bones

skull

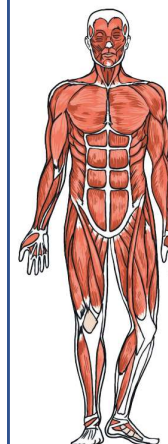
ribs

spine



The skeleton:

- supports our bodies,
- protects our organs
- works with muscles to help us move.



Muscles are attached to bones and help them move.

When muscles contract they get shorter and pull on the bone they are attached to.

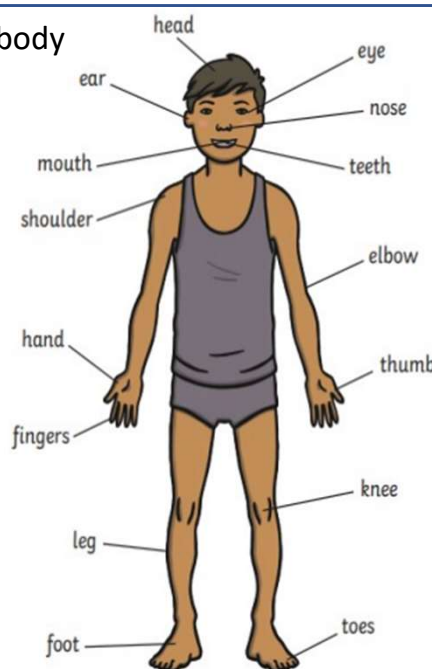


Humans and animals need the correct **nutrients** to be healthy and survive.



Carbohydrates – from things like bread and pasta give us energy
Proteins – from things like meat, dairy and fish (and vegetarian versions) to help build our bodies
Fats – from oils, dairy, meat and fish to give us a store of energy.
Vitamins and minerals – from vegetables and dairy – to keep our body working.

Parts of the body



carnivores
eat meat



herbivores
eat plants



omnivores
eat meat and plants



Animal offspring

