

Year 6 Overview					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Introduction: Setting ground rules for RSE & PSHE</p> <p>A stand-alone introductory lesson outlining RSE & PSHE as a subject and exploring how to create a successful learning environment for these lessons.</p>	<p>Health and wellbeing</p> <p>Learning about diet, oral hygiene, physical activity and the facts around immunisation. Exploring rest and relaxation and how they affect physical and mental health. Strategies for being resilient in challenging situations and</p>	<p>Safety and the changing body</p> <p>Learning about: the reliability of online information, the changes experienced during puberty, <i>how a baby is conceived and develops*</i>, the risks associated with alcohol and how to administer first aid to someone who is</p>	<p>Citizenship</p> <p>Learning about: human rights, recognising discrimination, valuing diversity and national democracy</p>	<p>Economic wellbeing</p> <p>Identifying the paths to pursuing different careers</p>	<p>Identity</p> <p>Two lessons on the theme of personal identity and body image</p>

	planning for long-term goals	choking or unresponsive.			
Family and relationships Learning: to resolve conflict, through negotiation and compromise; about respect, understanding that everyone deserves to be respected; about grief					Transition Helping pupils prepare for the transition to secondary school, including exploring any worries or anxieties they may have

**parent's/carers have the right to withdraw their children from these lessons. You can obtain an opt-out form from our website by clicking on the philosopher state of being and clicking on opt-out form.*