

Year 4 Overview					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p><b>Introduction: Setting ground rules for RSE &amp; PSHE</b></p> <p>A stand-alone introductory lesson outlining RSE &amp; PSHE as a subject and exploring how to create a successful learning environment for these lessons</p>	<p><b>Health and wellbeing</b></p> <p>Developing emotional maturity; learning that we experience a range of emotions and are responsible for these; appreciating the emotions of others; developing a growth mindset; identifying calming and</p>	<p><b>Safety and the changing body*</b></p> <p>Building awareness of online safety and the benefits and risks of sharing information online; identifying the difference between private and public; age restrictions; the risks associated with tobacco</p>	<p><b>Citizenship</b></p> <p>Learning about Human rights and caring for the environment; exploring the role of groups within the local community and appreciating community diversity; looking at the role of local government</p>	<p><b>Economic wellbeing</b></p> <p>Exploring choices associated with looking after money, what makes something good value for money, stereotypes in the workplace, career changes and what influences career choices.</p>	<p><b>Transition</b></p> <p>Helping Year 4 pupils prepare for the transition into Year 5 and the changes, challenges and opportunities this brings</p>

	relaxing activities; developing independence in dental hygiene				
<p><b>Family and relationships</b></p> <p>Learning that families are varied and differences must be respected; understanding physical and emotional boundaries in friendships; exploring: the roles of bully, victim and bystander; how behaviour affects others; manners in different situations and learning about bereavement</p>					

\*As a school, Filton Avenue Primary, have decided to not teach year 4 the ‘introducing puberty’ lesson that can be seen in our condensed curriculum document. We have made this decision based on the national curriculum statutory guidance for science that states we should teach puberty in Year 5. This ensures that all pupils are aged 9+.

Science programme of study (Year 5):

‘They should learn about the changes experienced in puberty.’

*Science programmes of study KS1 and KS2, DfE, 2013, pg.28*

Relationships education, Relationships and sex education (RSE) and Health Education:

Pupils should know:

- key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.
- about menstrual wellbeing including the key facts about the menstrual cycle.

*Relationships education, Relationships and sex education (RSE) and Health Education, DfE, 2021, pg.35*

