

Year 3 Overview					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Introduction: Setting ground rules for RSE & PSHE</p> <p>A stand-alone introductory lesson outlining RSE & PSHE as a subject and exploring how to create a successful learning environment for these lessons</p>	<p>Health and wellbeing</p> <p>Understanding that a healthy lifestyle includes physical activity, a balanced diet, and rest and relaxation; exploring identity through groups we belong to, and how our strengths can be used to help others; learning how to solve problems by</p>	<p>Safety and the changing body</p> <p>Learning about: cyberbullying and how to be good digital citizens; first aid, bites and stings and how to be safe near roads. Pupils also think about choices and influence.</p>	<p>Citizenship</p> <p>Learning about children’s rights; exploring why we have rules and the roles of local community groups, charities and an introduction to local democracy</p>	<p>Economic wellbeing</p> <p>Introduction to budgeting, learning about the different paying methods, the emotional impact of money, the ethics of spending, potential jobs and careers and learning that anyone can aspire to anything.</p>	<p>Transition</p> <p>Helping Year 3 pupils prepare for the transition to Year 4 and the changes that come with this</p>

	breaking them down into achievable steps.				
Family and relationships Learning: how to resolve relationship problems; effective listening skills and about non-verbal communication. Looking at the impact of bullying and what action can be taken; exploring trust and who to trust and that stereotyping can exist					