

Dear Parents and Carers,

This year has seen the launch of our new PSHE (Personal Social Health Economic) and RSE (Relationships and Sex Education) scheme of learning: KAPOW Primary. This scheme offers a broad range of PSHE and RSE learning opportunities that we feel represent our school values and approach to learning. If you would like to find out more about the scheme, we have attached some informative documents to the philosopher section of our website.

PSHE and RSE learning is vital to build understanding of important subjects, as well as to provide a safe space and quality time to discuss these. It also helps children to become resilient in managing their own feelings and behaviours. However, as a school, we understand that PSHE and RSE topics can sometimes be sensitive, and we always handle PSHE and RSE material in an age-appropriate and controlled manner.

In Year 6, during the unit 'safety and the changing body', there is a lesson on conception and a lesson on pregnancy and birth. These are the two lessons that you have the right to withdraw your children from. Everything else covered during this unit and in all other year groups in RSE is statutory knowledge which all children must cover in the national curriculum for science. The lesson plans have been linked here so you can read and decide whether you would like to opt your children out of these two Year 6 lessons.

<https://filtonavenue.com/wp-content/uploads/2023/10/Conception-lesson.pdf>

<https://filtonavenue.com/wp-content/uploads/2023/10/Pregnancy-and-birth-lesson.pdf>

The opt out form has also been attached. If you would like to opt out of these two lessons, please let your child's Year 6 teacher know by filling out this form. We ask that you fill this in, even if you have opted out previously, as the scheme of learning has now changed.

If you have any questions around PSHE or RSE, please phone the office to organise a meeting with myself, Abi Swain, the PSHE and RSE lead for the school.

Kind Regards,

Abi Swain

**education within RSE**

**TO BE COMPLETED BY PARENTS**

Name of child		Class	
Name of parent		Date	

Reason for withdrawing from sex education within relationships and sex education

Any other information you would like the school to consider

Parent signature	
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**TO BE COMPLETED BY THE SCHOOL**

Agreed actions from discussion with parents	

