# FILTON AVENUE PRIMARY SCHOOL

# Monthly Safeguarding Bulletin

## How we keep you safe:

If you are concerned about the welfare of any child or adult then please discuss this with a member of the Safeguarding Team.

We have a
Safeguarding
Team that is
always happy
to help in
whatever way
they can!



**Sarah Stefanini**Designated Safeguarding Lead



**Sam Crane**Deputy Designated
Safeguarding Lead



**Dan Rodeck**Designated Safeguarding Lead



Mel McCorry
Deputy Designated
Safeguarding Lead



**Kat Preece**Deputy Designated
Safeguarding Lead



**Lisa Lackie**Deputy Designated
Safeguarding Lead



**Steve Pavey**Deputy Designated
Safeguarding Lead



### Age Restrictions for Social Media Platforms

#### **Cyber Bullying**

Cyberbullying is repeated behaviour aimed at upsetting someone using digital platforms and often happens alongside bullying in person. There can be a fine line between joking and being hurtful, especially online, but if a child feels upset, or thinks others are laughing at them instead of with them, the joke's gone too far.

A recent study suggests that 45% of children aged 8-12 are affected by cyberbullying, and like all forms of bullying, it negatively affects children's wellbeing.

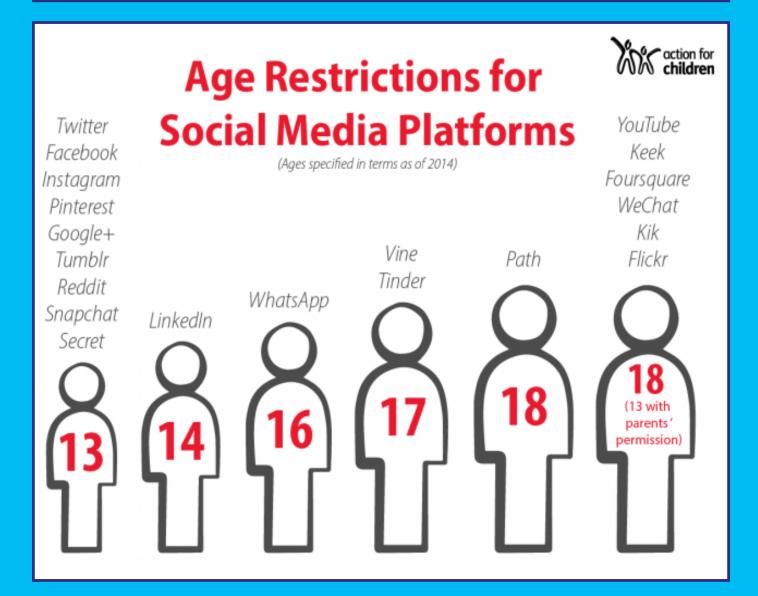
Useful information can be found here:

https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/

https://www.lego.com/en-gb/sustainability/buildandtalk/cyberbullying/help-for-parents

https://www.childnet.com/parents-and-carers/

Please let your child's class teacher know if you think your child is being bullied online.





#### Staying Safe Online

Do you know what your child is doing online? Are you routinely talking to your child and checking what internet sites they are accessing?

It is very important to monitor and teach your child some key internet safety rules (and to role-model them as an adult).

- 1) Don't post any personal information online like your address, email address or mobile number.
- 2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it.
- 3) Keep your privacy settings as high as possible. (Parents can help you.)
- 4) Never give out your passwords (except to your parents if they want to check your accounts to keep you safe).
- 5) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do. Tell your trusted adults regularly who you're talking to and playing with.
- 6) Remember that not everyone online is who they say they are—adults sometimes pretend to be children to make friends with you online.
- 7) Think carefully about what you say before you post something online.
- 8) Respect other people's views, even if you don't agree. Never say anything you wouldn't say to someone's face in real life.
- 9) If you see something online that makes you feel uncomfortable, unsafe or worried, leave the website and tell a trusted adult immediately.
- 10) Tell a trusted grown-up right away if someone's being mean or bullying us, or our friends.

