



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE *Spring Summer 2022*

PAY *You!*

SUM OF *Four Hundred and Thirty Seven Pounds*



£437.00



ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.

05 00 17 79 43 08 05 51 10 40 10 50 55 79



food that makes you happy



ORANGE MENU

AUTUMN / WINTER 2023

MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

31/10/22, 21/11/22, 12/12/22,
2/1/23, 23/1/23, 13/2/23

Raviolini with Tomato Sauce (Ve)
or
Leek & Potato Frittata with New Potatoes (V)
or
Jacket Potato with a Choice of Filling
Broccoli Florets, Shredded Carrots
Choice of Fresh Fruit or Yoghurt (V)

Chicken Paella (WG)
or
French Bread Margherita Pizza (V)
or
Jacket Potato with Choice of Filling
Sweetcorn & Peppers, Coleslaw
Chocolate & Pear Sponge with Chocolate Custard (V)

Roast of the Day with Roast Potatoes & Gravy
or
Veggie Sausage Toad in the Hole with Roast Potatoes & Gravy (V)
or
Jacket Potato with a Choice of Filling
Sliced Carrots, Garden Peas
Strawberry Jelly & Pineapples (Ve)

Texan One Pot Beef Chilli (WG)
or
Lentil & Mushroom Keema Curry with Steamed Rice (Ve) (WG)
or
Jacket Potato with Choice of Filling
Tomato Wedges, Cucumber Sticks
Apple Sponge (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Falafel Wrap with Mint Yoghurt & Chips (V)
or
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Jammy Dodger Flapjack (Ve)

V – Vegetarian Ve – Vegan WG – Wholegrains



WEEK 2

7/11/22, 28/11/22,
19/12/22, 9/1/23, 30/1/23

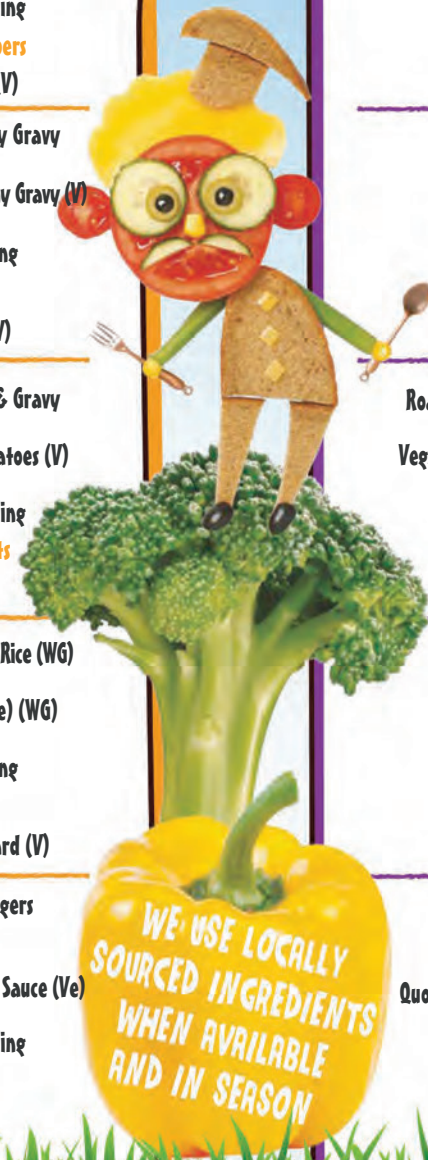
Mac & Cheese (V)
or
Rainbow Vegetable Stir-Fry (Ve) (WG)
or
Jacket Potato with a Choice of Filling
Broccoli Florets, Sweetcorn & Peppers
Choice of Fresh Fruit or Yoghurt (V)

Swedish Meatballs with Mash & Creamy Gravy
or
Quorn Swedish Meatballs with Mash & Creamy Gravy (V)
or
Jacket Potato with Choice of Filling
Green Beans, Sweetcorn
Chocolate & Banana Traybake (V)

Roast of the Day with Roast Potatoes & Gravy
or
Tomato & Cheddar Plait with Roast Potatoes (V)
or
Jacket Potato with a Choice of Filling
Shredded Cabbage, Sliced Carrots
Strawberry Jelly & Pears (Ve)

Mild & Sweet Chicken Curry with Steamed Rice (WG)
or
Pasta with Veggie Bolognese Sauce (Ve) (WG)
or
Jacket Potato with Choice of Filling
Super Greens
Jumbleberry Crumble (Ve) with Custard (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Quorn Fishless Fingers with Chips & Tomato Sauce (Ve)
or
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Flapjack (Ve)



WEEK 3

14/11/22, 5/12/22,
26/12/22, 16/1/23, 6/2/23

Pasta with Homemade Basil Pesto (Ve)
or
Quorn Kofta Masala (V)
or
Jacket Potato with a Choice of Filling
Roasted Cauliflower, Shredded Carrots
Choice of Fresh Fruit or Yoghurt (V)

Beef Enchilada with Jacket Wedges
or
Cauli Mac & Cheese (V)
or
Jacket Potato with Choice of Filling
Tomato Wedges, Cucumber Sticks
St Clement's Shortbread (Ve)

Roast of the Day with Roast Potatoes & Gravy
or
Veggie Sausage with Roast Potatoes & Gravy (Ve)
or
Jacket Potato with a Choice of Filling
Garden Peas, Sliced Carrots
Strawberry Jelly & Peaches (Ve)

Pasta with Bolognese Sauce (WG)
or
Veggie Noodle Stir-Fry (V)
or
Jacket Potato with Choice of Filling
Rainbow Vegetables
Carrot Cake (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Quorn Hotdog with Chips & Tomato Sauce (V) or
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Chocolate Cookie (Ve)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.