

5th July 2018

Hello,

Outbreaks of measles in the UK have been front page news for some time. More locally there are now *46 confirmed cases in Bristol and 84 across the South West*. That number is expected to rise rapidly over the coming months.

Measles is a very infectious, serious illness that, in rare cases, can be fatal. It is especially dangerous to children.

You can catch measles in just 15 minutes from someone who has the disease.

As well as the obvious effects, 1 in 5 people will also experience diarrhoea and vomiting, pneumonia, meningitis, and eye disorders. They may well require a hospital admission.

Sadly there is no treatment for measles. Vaccination is the only way of preventing it.

Is your child fully vaccinated?

Each child should have 2 doses of the MMR vaccination to be fully protected. If you are unsure, please contact your GP surgery **urgently**.

Alternatively why not speak to us? On Wednesday 18th July one of our practice nurses, Kayleigh, will be in the playground from 3:00pm. She can give you more information, and answer any questions you might have. There is no fee, no appointment needed, and she is happy to talk to anyone, whether or not you are one of our patients.

She can help you decide whether to get your child vaccinated.

We hope you will have time to speak to us.

Yours Sincerely

Horfield Health Centre

we listen • we care • we respond

