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BRISTOL'S E-SAFETY DIRECTORY

For Parents and Professionals Supporting Young People Online

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PARENTS

WEBSITES

FACT

13% of UK 9-16 year olds say they have been bothered or upset by something online in the past year.

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Know the net	Definitions	P S	www.knowthenet.org.uk/jargon-buster	Great 'dictionary' of different internet terms and phrases.
BBC Webwise	Parents General	P	http://www.bbc.co.uk/webwise/0/21259413	General tips for information sharing and using the internet plus video examples of their web wise challenges.
Common Sense Media	Parental Controls, Games	P	http://www.common sense media.org/	Really useful site for parents regarding reviews and appropriate age restrictions for Games/Apps/Films etc.
Sip-Bench III	Parental Controls	P	http://sipbench.eu/	Discusses the importance of and the way you can set parental controls onto PC/tablets/ Mobiles etc.
K9 Web Protection	Parents Controls	P	http://www1.k9webprotection.com	K9 Web protection is a FREE programme that you can download to protect your children from inappropriate web content when they are searching the web. Available for PC's, Mac's, iOS, iPhone, iPad, iPod. Highly recommended for by credible sources.
Vodafone	General	P	http://www.vodafone.com/content/parents.html	Good general advice for parents that stretches across many age ranges.

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TIP
Any content you share will be online FOREVER. Would you be happy with your future boss reading your last status?



SEXTING

WEBSITES

FACT

It maybe common but sexting is in fact **ILLEGAL!**

By sending an explicit image a young person is producing and distributing child abuse images and risks being prosecuted, even if the picture is taken and shared with their permission.

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
4YP	Sexual Pressures	P S	www.4ypbristol.co.uk/the-facts/sex-online/	4YP signpost to thinkuknow however worthwhile mentioning 4YP as it talk a lot about sexual pressures.
NSPCC	Sexting	P S C (11+)	http://www.nspcc.org.uk/help-and-advice/for-parents/talking-about-sex/sexting/sexting_wda96795.html	Content written for parents, however there are some great tips. Links to video to show the potential consequences of sexting.

OTHER

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Know the net	Definitions	P S	www.knowthenet.org.uk/jargon-buster	Great 'dictionary' of different internet term and phrases.
The Guardian	How to engage parents and pupils	S	http://www.theguardian.com/teacher-network/teacher-blog/2013/nov/18/10-tips-digital-citizenship-esafety-pupils-parents	The article layouts a few suggestions for how school might engage their pupils and parents in E-Safety issues.

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Target Audience Key -

P = Parents C = Children S = School O = Organisation A= All

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TIP
Be aware that the picture you send might end up in someone's hands



GENERAL E-SAFETY

WEBSITES

FACT
4 OUT OF 5 YOUNG PEOPLE FEEL LOST WITHOUT THE INTERNET

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Think u Know	General	A	www.thinkuknow.co.uk	Overall www.thinkuknow.co.uk has the most information about all aspects of online safety, with different Age Categories from ages 5 - 14 +. A large number of other websites signpost to thinkuknow for advice in more detail.
UK Safer Internet Centre	General	A	www.saferinternet.org.uk	UK Safer Internet Centre is full of lots of tips, advice and really helpful with specific sites (ask fm, facebook, snapchat) They also host the national Safer Internet Day Campaign SID.
South West Grid For Learning	General	S	www.swgfl.org.uk/Staying-Safe/For-Schools/Policies	Really useful site for schools. It has a lot of supporting materials including downloadable lesson plans, policies and agreements to aid forming school e-safety policies.
Kid Smart	General	A	www.kidsmart.org.uk	Fun bright site tailored more to KS2 children with lots of top tips about different e-safety concerns. Also has "I have children" and "I work with children" options.
Childnet International	General	A	www.childnet.com (http://www.childnet.com/parents-and-carers good section for Parents and Carers)	Very useful site that is tailor made for parents, teachers and children. Clear division between primary and secondary school levels. There is a great section for professional working with children. Including a section dedicated to keeping your professional reputation when using the internet for personal use.

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TIP
The internet is a wonderful invention. Don't be afraid to discover it WITH young people.



GENERAL E-SAFETY

WEBSITES

FACT
38% of young people have been affected by cyber bullying.

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Cyber Street	General	A	https://www.cyberstreetwise.com/#/street	Very interactive and extremely easy to use. Comparing the online world to the real world. It asks "you wouldn't do that in the real world?". Full of great tips and resources to use for both schools and parents. Language is not child friendly but might be a good site for parents to explore with their children.
BBC Webwise	Parents General	P	http://www.bbc.co.uk/webwise/0/21259413	General tips for information sharing and using the internet plus video examples of their web wise challenges.
CBBC Stay Safe	General	S C (7 - 11)	http://www.bbc.co.uk/cbbc/topics/stay-safe	Lots of great videos to play to children in PSHE or to allow children to explore. With the use of Horrible History they use historical events to demonstrate E-safety tips i.e. Guy Fawkes to show Internet Privacy Settings.

CYBER BULLYING

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
NSPCC	Cyber bullying, Social Media	P	www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying/	NSPCC has a huge amount of information including statistics and a very helpful downloadable Checklist at the bottom of the page.

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TIP
If bullying is happening online
SAVE THE EVIDENCE
Ctrl + Prt Sc
or
⌘ + ctrl + 3



GAMING

WEBSITES

FACT
You can change Xbox online safety and privacy settings for ANY profile on your console

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Xbox	Gaming, Privacy Settings, Parental Control	P	http://support.xbox.com/en-US/my-account/security/xbox-360-online-safety	Step by step guide in how to set up your privacy setting on the Xbox. Use a table to explain age sensitive 'gaming activity' and 'privacy settings' that is can be activated based on the date of birth entered on the Xbox.
Know the net	Gaming	P	www.knowthenet.org.uk/knowledge-centre/gaming-safety-tips	An article on the risks of gaming (both Play Station and Xbox) alongside 'How to avoid it' tips.

SOCIAL MEDIA

Organisation	Categories/ Area Covered	Target Audience	Contact Information	NOTES
Know the net	Social Media	P S	www.knowthenet.org.uk/socialage/	Are you social media savvy? Take this Quiz to see if you are clued up on the 'social age'. Once completed it will give you a percentage score and the option to review your results with helpful tips and information on each question.
NSPCC	Cyber bullying, Social Media	P	www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying/	NSPCC has a huge amount of information including statistics and a very helpful downloadable Checklist at the bottom of the page.

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TIP
Take advantage of any parental control settings built into the game or computer.