Relish
feed the appetite

We will endeavour to meet any special dietary requirements that your child may have.

Our varied menus have been nutritionally analysed to ensure that they contain all the vitamins and nutrients needed for a busy day of learning and play at school.

BAM FM Ltd are aware of common food allergens & our menus reflect the latest allergen legislation.

If there are specific dietary requirements please can you contact your school so this information can be passed to BAM FM Ltd.

Summer menu

Filton Avenue Infant School

FILTON AVENUE INFANT SCHOOL | ORCHARD CAMPUS

BEEF

PORK

Foodservice Pork Sausage of the Year 2013 Gold

FREEDOM FOOD RSPCA MONITORED

British Turkey AWARD WINNER 2013

QUALITY BRITISH TURKEY ASSURED FOOD STANDARDS IN ASSOCIATION WITH RED TRACTOR

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

Harry Ramsden's Junior

Meal Deal
£2.25

bam fm

Week 1

Monday
- **Meat:** Pasta Bolognaise ●●
- **Vegetarian:** Vegetable Pasta Bake ●●●
- **Dessert:** Apple Crumble with Custard ●

Tuesday
- **Meat:** Roast Chicken served with Stuffing, Gravy & Roast Potatoes ●●
- **Vegetarian:** Quorn Sausage served with Stuffing and Gravy ●●●
- **Dessert:** Chocolate Fudge Pudding with Chocolate sponge ●●●

Wednesday
- **Meat:** Lamb Mince Curry with Rice
- **Vegetarian:** Vegetable Curry with Rice ●●●
- **Dessert:** Fruit Trifle ●●●

Thursday
- **Meat:** Roast Pork or Chicken with Gravy & New Potatoes ●●
- **Vegetarian:** Roast Quorn Fillet with stuffing and Gravy ●●●
- **Dessert:** Mandarin Sponge with custard ●●●

Friday
- **Fish:** Oven Baked Fishfingers or Steamed Salmon Fillet ●
- **Vegetarian:** Baked Jacket Potatoes with Beans and Cheese ●
- **Dessert:** Shortbread Finger ●●●

Daily extras: A Selection of Sandwiches, Jacket Potatoes, Fruit, Yoghurts & Bread Available daily

All the above Main Courses are served Served with Seasonal Vegetables or Salad.

Week 2

Monday
- **Meat:** Chicken Wrap with Potato Wedges ●●
- **Vegetarian:** Vegetable Wrap with Potato Wedges ●●●
- **Dessert:** Jam and Coconut Sponge with Custard ●

Tuesday
- **Meat:** Roast Beef or Chicken with Gravy ●●
- **Vegetarian:** Roast Quorn Fillet with stuffing, Gravy & Boiled Potatoes ●●●
- **Dessert:** Bread and Butter Pudding with Custard ●●●

Wednesday
- **Meat:** Macaroni Cheese with Ham
- **Vegetarian:** Macaroni Cheese ●●●
- **Dessert:** Gingerbread Sponge with Custard ●●●

Thursday
- **Meat:** Roast Turkey or Chicken with Gravy & New Potatoes ●●
- **Vegetarian:** Quorn Sausage served with Stuffing and Gravy ●●●
- **Dessert:** Eton Mess - Meringue with Cream and Fruit ●●●

Friday
- **Fish:** Oven Baked Fishfingers or Steamed Salmon Fillet ●
- **Vegetarian:** Baked Jacket Potaoes with Tuna Mayonnaise or Cheese
- **Dessert:** Fruity Flapjack ●●●

Daily extras: A Selection of Sandwiches, Jacket Potatoes, Fruit, Yoghurts & Bread Available daily

All the above Main Courses are served Served with Seasonal Vegetables or Salad.

Week 3

Monday
- **Meat:** Sweet and Sour Pork with Vegetable Rice ●●
- **Vegetarian:** Cheese and Potato Pie topped with Sliced Tomatoes ●●●
- **Dessert:** Summer Fruit Crumble with Custard ●

Tuesday
- **Meat:** Roast Chicken with Stuffing, Gravy & Carrot/Potato Mash ●●
- **Vegetarian:** Roast Quorn Fillet with Stuffing and Gravy ●●●
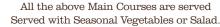- **Dessert:** Manchester Tart ●●●

Wednesday
- **Meat:** Lasagne with Garlic Bread
- **Vegetarian:** Roasted Vegetable Lasagne with Garlic Bread ●●●
- **Dessert:** Fruit Topped Cheesecake ●●●

Thursday
- **Meat:** Roast Gammon or Chicken with Parsley Sauce & New Potatoes ●●
- **Vegetarian:** Quorn Sausage served with Stuffing and Gravy ●●●
- **Dessert:** Lemon Curd Sponge ●●●

Friday
- **Fish:** Oven Baked Fishfingers or Steamed Salmon Fillet ●
- **Vegetarian:** Baked Jacket Potatoes with Beans & Cheese ●
- **Dessert:** Carrot Cake with Frosting ●●●

Daily extras: A Selection of Sandwiches, Jacket Potatoes, Fruit, Yoghurts & Bread Available daily

All the above Main Courses are served Served with Seasonal Vegetables or Salad.

Choice of cold desserts
vegetarian ● homemade ● seasonal ●

Choice of cold desserts
vegetarian ● homemade ● seasonal ●

Choice of cold desserts
vegetarian ● homemade ● seasonal ●

Week commencing:
● 01.06 ● 22.06 ● 06.07 ● 31.08 ● 21.09 ● 12.10

Week commencing:
● 08.06 ● 29.06 ● 20.07 ● 07.09 ● 28.09 ● 19.10

Week commencing:
● 15.06 ● 06.07 ● 14.09 ● 5.10