

Am I ready for school?

Tips for parents and carers

When your child starts primary school there are a number of skills that they should ideally have mastered.

Use this sheet as a guide to help them prepare for school life.

Self-Care

- I can go to the toilet on my own, wipe myself and flush the toilet
- I can wash and dry my hands
- I can wipe my nose
- I can ask for help when I need it

Speaking and Literacy

- I am interested in reading stories and looking at picture books
- I am able to talk about myself, my needs and feelings
- I am practising recognising my name when it is written down

Getting dressed and undressed on my own

- I can button and unbutton my clothes
- I can put on my own shoes and socks
- I can put on my coat and use a zip

Getting dressed and undressed on my own

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

Interest in the world and new activities

- I enjoy learning about the world around me
- I am interested in exploring new activities and environments
- I like asking questions

Eating

- I can use a knife and fork
- I am confident opening wrappers and packaging

Writing skills

- I like tracing patterns and colouring
- I enjoy experimenting with different shaped scribbles
- I am practising holding a pencil

Independence

- I am happy to be away from my mummy, daddy or main carer
- I am able to tidy my belongings and look after my possessions
- I am feeling confident about starting school

Listening and Understanding

- I am able to listen for a short while
- I can follow simple instructions
- I understand the need to follow rules

Sharing and turn taking

- I can share toys and take turns
- I can play games with others
- I can interact with other children

Self-Care

- I enjoy practising counting objects
- I like saying number rhymes and playing counting games
- I can recognise some numbers when they are written down

Routines

- I have practised putting my clothes on and getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school

